

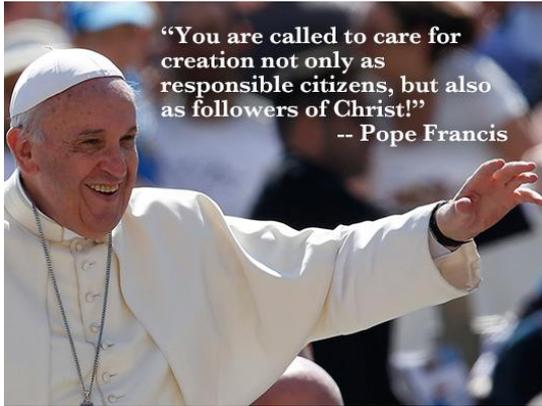
**Adorers of the Blood of Christ**

**WE'RE DOING OUR PART  
TO CARE FOR THE EARTH.**



**STIAMO FACENDO LA NOSTRA PARTE  
PER PRENDERCI CURA DELLA TERRA**

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## Declaration

As Ecclesial women we are called to participate day by day in the building up of the body of Christ, so that all creation can move toward that beautiful order of things which the great son of God came to establish in His Blood.” (ASC. Con.Ar.#3)

In his Encyclical *Laudato Si*, Pope Francis calls us to **an Ecological Conversion**.

The ecological crisis is “a summons to **profound interior conversion**”, re-examine of our relationships with the creator, with creation and with our sisters and brothers. (LS.217). For this reason, everyone’s talents and involvements are needed to take care of our Common Home. He encourages us not to stay aside but to act, together with others, saying:

- When we give in to indifference, we block the working of God's Spirit, who always wants to give us new possibilities.
- “Let us bring the whole human family together . . . for we know that things can change.”(LS13)

The Spirituality of the Blood of Christ is nothing but life, Love, mercy, compassion, forgiveness... This inspires us to protect, promote and defend any creation of God and human life without discrimination of language, color, religion, and nations.

The Spirit of the Congregation is Love and Charity - "Charity toward God and toward our dear neighbor". St. Maria De Mattias was very faithful to the demands of the Church: she considered each person as a *blood sister* and *blood brother* because all are redeemed by the Pascal Mystery of Jesus. Her and our mission in the Church is to collaborate with Christ in his work of redemption.

As International ASC Family we realize that:

- Jesus unites Heaven and Earth through His death and resurrection on the cross.
- The blood of Christ recalls each one of us to protect, promote and defend life in all its forms on earth, especially life from its conception to death.
- The call we have received is to make our lives a praise of the Blood of Christ.

--ooOoo--

Therefore, as members of the ASC Family,

**I/we** ..... (name /community/group)

**Place** ..... **Country** .....

**make the following concrete promises:**

*(Tick / check the items you can promise to do during the coming year)*

### **Concerning the Cry of the Earth:**



The Response to the Cry of the Earth is a call to protect our common home for the wellbeing of all, as we equitably address the climate crisis, biodiversity loss, and ecological sustainability.

### **We make the following concrete promises:**

*(Tick/ check the items you can promise to do during the coming year)*

- To create a garden with flowers, fruits, vegetables, herbals.
- To avoid the use of chemical herbicides and insecticides.
- To discourage the use of plastic materials disposable cups, plates or cutlery.
- To pay attention to healthy soil and to use the principles of agro-ecology, while producing our own food.
- To protect waterways and land by ensuring sensible fertilizer use
- To encourage to institute drop irrigation and other conservative irrigation models
- To protect from Global warming, install solar panels for energy, heating water wherever possible
- To raise awareness of the 4R's of the Environment: Recycle, Reuse, Recover and Reduce.

Others : .....

## Concerning the Cry of the Poor:



The Response to the Cry of the Poor is a call to promote eco-justice, being aware we are called to defend human life from conception to death, and all forms of life on Earth.

### We make the following concrete promises:

*(Tick/check the items you can promise to do during the coming year)*

- To promote and protect Indigenous leadership by ensuring Indigenous communities have the rights to their land and by elevating Indigenous leadership.
- To promote the culture of encounter and openness
- To promote life through educational events.
- To defend the value of human life in various ways: through prayer, denunciation, march and advocacy
- To grow in solidarity with vulnerable people by doing an audit of community challenges, delivering programs to address basic needs, and delivering programs to address failed systems.
- others:.....

## Concerning Ecological Economics



Ecological Economics acknowledges that the economy is a sub-system of human society, which itself is embedded within the biosphere—our common home.

### We make the following concrete promises:

*(Tick/check the items you can promise to do during the coming year)*

- To buy food from local farmers (short chain) and to opt for (organic) seasonal products from our own country.
- To support the local economy and preferably to buy the products that are produced in our neighborhood.
- To choose Fair Trade products for coffee, tea, chocolate, and bananas, etc.
- To ensure financial investments are ethical and sustainable by divesting from fossil fuels, investing in socially responsible enterprises, and choosing ethical banking and insurance companies.
- To ensure the dignity of workers by supporting good jobs with livable wages and benefits.
- others: .....

## The Adoption of sustainable lifestyles



The adoption of sustainable lifestyles is grounded in the idea of sufficiency and promoting sobriety in the use of resources and energy.

It is possible *reduce, reuse, recycle*.

### We make the following concrete promises:

*(Tick/check the items you can promise to do during the coming year)*

#### *Reduce and Recover:*

- Not to leave on unnecessary lights, inside or outside , and to turn off the lights when we leave a room.
- Not to charge our mobile phones longer than necessary.
- after use, to unplug the electrical appliances that have a stand-by function, in order to avoid standby consumption.
- To regularly check for leaking taps, showerheads, and toilets and have the necessary repairs be done as soon as possible.
- Not to use several cars for trips and excursions with a larger group, but to rent a bus: to encourage the use of public transport.
- To avoid plastic bags and other packaging waste when purchasing and not to use disposable cups, plates, or cutlery.
- To avoid buying over-packaged materials for food.
- To reduce food waste avoid buying more food than needed; Store the food correctly and consume any leftovers.

- others: .....

*Reuse:*

- To collect rainwater to use as drinking water for the animals, for cleaning, watering the plants inside and outside, flushing the toilet, etc.
- To use recycled paper and envelopes; to use paper sparingly and reuse scrap paper for example by making notebooks out of it.
- To give away the things we don't need any longer instead of throwing them in the waste bin.
- To use second-hand articles.
- To compost leftover food and thus turning food waste into energy for plants.
- Others: .....

*Recycle:*

- beverage bottles, paper, ink cartridges
- others: .....

**REDUCE  
REUSE  
RECYCLE**



## Concerning Ecological Education



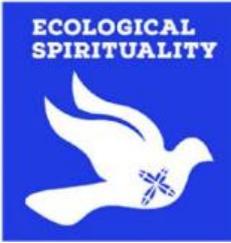
Ecological Education is about re-thinking and re-designing curricular and institutional reform. All that in the spirit of integral ecology, to foster ecological awareness and transformative action.

### We make the following concrete promises:

*(Tick/check the items you can promise to do during the coming year)*

- To follow what is said in the media about environmental issues.
- To develop *Laudato Si* learning opportunities by including *Laudato Si* in our formation plans. Ensure that members of the community are familiar with the local ecosystem, the science and social dimensions of the ecological crisis, and ecological virtues.
- To promote ways for educators to undergo ecological conversions, creating opportunities for youth-led events, and developing mechanisms to publicly recognize young people for their leadership.
- To encourage community reflection on *Laudato Si* themes by sharing about them, including them in liturgical moments, making study and prayer guides available.
- Promote human rights, fostering *Laudato Si* themes within the community.
- others: .....

## Concerning Ecological Spirituality



Ecological Spirituality recovers a religious vision of God's creation and encourages greater contact with the natural world in a spirit of wonder, praise, joy and gratitude.

### We make the following concrete promises:

*(Tick/check the items you can promise to do during the coming year)*

- To cultivate the spirit of admiration towards God's creation and learn to respect every life in the world; to ask for forgiveness for times when we harm God's gift of creation and to pray for the healing of our environment.
- To celebrate the Season of Creation, Environment Day, World Earth Day, World Peace Day, World Day of Migrants and Refugees day etc.
- To study the connection between the teachings of *Laudato Si* and our Spirituality of the Blood of Christ.
- others: .....

## Concerning Community Engagement and Participatory Action



Community engagement and participatory action encourage the development of cultures and policies that protect our common home and all who share it.

### We make the following concrete promises:

*(Tick/check the items you can promise to do during the coming year)*

- To know and join the organizations in our neighborhood and keep in touch with them
- To promote advocacy and developing people's campaigns, and initiatives for the environment.
- To encourage a sense of belonging in local communities and neighborhood ecosystems.
- To advise and support our town or city council on sustainable initiatives they can take, e.g., the layout of the streets, flower campaigns, traffic safety, low-traffic area, public greenery, use of the squares, establishment of a Neighborhood Point, etc.
- others: .....

Twice a year, I/ We will conduct a self-evaluation of our progress in working on the promised issues.

Name:

E-mail:

Date:

Signature:

CIS team will **take care to** publish a short report regarding the ecological sensibility of the ASC Family in our *International Newsletter*.



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