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Waiting is Synonymous with Patience

The Spanish word "esperar" means to wait because, after all, waiting is also hoping. Therefore, knowing how to wait requires great strength of the spirit, which implies a good dose of patience, the ability to be able to stand still in order to accept the surrounding world in the most just way.

People can find themselves again in patience, they can listen and be heard, they can discover their fears without being overwhelmed and their hopes without being deceived, because waiting is the best tool for approaching prayer. But, it is definitely not inertia. It is like the farmer who sows and constantly and diligently takes care of his garden. He is constantly working, but it is precisely in his working that he patiently waits and hopes, but above all, he prays. It is precisely in his ability to respect Mother Nature's timeframe that the good taste of the gifts life offers us is hidden. Even though his body responds to daily fatigue, his heart is at peace and can effectively recognize the signs of Divine Providence.

These days, however, we, the children of post-modern society, run around in a frenzy, always running everywhere as if there were not ever enough time and so we never stop. Running around does not put us in a position to reflect, we easily lose control of ourselves and thus are made more vulnerable; we also get sick, and quickly. We are at war with ourselves and

with others, with creation. We no longer keep our neighbor in just consideration because our hurrying around leads us to be convinced that we have no need of our neighbor. The loss of patience has become a social scourge, because it not only distances us from God, but deprives us of human meaning.

Therefore, in this time when the transition between seasons represents waiting for new times, Jesus invites us to rediscover serenity of spirit, to enter into deep silence. He invites us to sit next to Him in order to be able to understand how much the word and the Word are of basic importance in reaching out to others' consciences. Christ exhorts us to quiet our inner anxieties in order to rediscover the necessary peace that can lead us to prayer, to salvation. He suggests discernment as the only way to improve ourselves as human beings and Christians. He teaches us to breathe calmly, without any fear. He teaches us that Love is born in simple, humble hearts, those that have learned to wait, to be patient. He teaches us that prayer and needed dialogue with the Father give us the right dimension of who we are: beloved daughters of God. With his cross, Jesus Christ has shown us that hope never dies for those who know how to "esperar."

Sr. Maria Grazia Boccamazzo, ASG

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Congregational Novitiate – Formation Community



with an attitude of gratitude to the Lord and of hope that this process may involve all the Congregation.

In the Acts, we expressed the desire to go forward as a single body and this helps us to believe that we can be a sign for this world, by forming the new generations of ASCs so that they may be passionate and courageous Adorer-Apostles.

We thank each of you again for your active participation that makes us feel supported and accompanied. We recommend the start of the Congregational Novitiate community to your prayers.

Sr. Matija Pavić, ASC

With much joy and gratitude, we participated in the moving of our Sisters to the novitiate community during the first days of September: Sr. Mariamma Kunnackal, ASC, Sr. Emanuela Škarica, ASC, Sr. Joan Stoverink, ASC, Sr. Marisa Nardoni, ASC and Sr. Martha Josefu Kwimba, ASC.

They moved from the generalate house to the Congregational Novitiate house, via Giuseppe Gatti n.13, Sant'Agnese – Rome, to begin all the preparations for the arrival of the first postulants, for the first intercultural experience of formation in the Congregation. It was truly admirable to see with what enthusiasm and care they prepared to embrace a new experience. Each one is creating relationships in attentive listening to the culture differences and ASC culture.

With great interest and involvement, all the members of the international community shared in this moment of the beginning of the significant journey of intercultural formation for the entire Congregation. Each intensely experienced the realization of the desire of all of us expressed in the 2017 GA Acts: a single novitiate for the Congregation

In a special way, we, as General Administration, also experience these moments



"She Preceded Us"

Continental Area: Africa Region of Tanzania

In preparation of celebrating the 50th anniversary of the presence of the Adorers of the Blood of Christ in Tanzania, we planned to visit various parts and groups of people, especially those under the care of St. Maria De Mattias. Our goal is to share the Charism and Spirituality of our Congregation, help them get to know Saint Maria De Mattias, and in a special way "to know Jesus and love him", according to her dream.

We have already visited and evangelized 11 groups and small Christian communities, three subparishes, one parish and 5 choir groups with the name of St. Maria De Mattias. Apart from these, we have evangelized other places where we are.

In this process we discovered that, in some areas, people have chosen St. Maria De Mattias to be their patroness, but they do not know her well. One of these places is a sub-parish which belongs to the Parish of Kintinku now administered by diocesan priests. After being informed by the Sisters of Misericordia who know this sub-parish, we planned to visit a village called Kitalalo where this sub-parish is found.

It was Sunday, August 18, 2019, Sr. Theresia Rogatus, Sr. Martina Marco and Sr. Margareth Silvery went there early in the morning and were able to pray with the people. At the end of prayer, we were welcomed to talk to them. They were very happy to get know Saint Maria De Mattias, our charism and



spirituality. They gave us the history of their sub-parish Saint Maria De Mattias They said, they came to know her through the Missionaries of the Precious Blood, because at that time the parish was administered by the Precious Blood Fathers and their parish priest was Fr. Chrisogon, CPPS. He is the one who introduced her to them at the time of her canonization in 2003 and advised them to choose her as their patroness. Then from that time they respect this saint as their patroness and intercessor.

We were so surprised, because it is a remote area, without social services, generally a poor place, but St. Maria De Mattias was already there with this people. This heroic woman gives us a challenge to strive day after day to reach those people who have no to help them to know and love our beloved Jesus.

Sr. Margareth S. Ngoi, ASC

Continental Area: the Americas
Region of Manaus

Honor Where Honor is Due

This year two ASCs of the Brazil Region were awarded the HONOR WHERE HONOR IS DUE medal for their service in the field of education.

On May 23, 2019, the Amazonian Academy of Literature wanted to honor a group of people chosen from the cultural and political circles of the city of Manaus on the commemoration of the 100th anniversary of its foundation. During a beautiful ceremony, they awarded the Centennial Medal to them. Sister Marilia Menezes was one of these honored people. Since she was unable to travel for the ceremony because she lives in Belém, she asked Sr. Clara to receive the medal in her place. The ceremony was truly memorable!

On August 30 during an official meeting, the City Council of Manaus, through the request of a city councilor, authorized another person to receive the Medal of Gold on behalf of our Sister Maria da Paz Azevedo given by the patron Gracitylzo do Lago Silva. The ceremony was held during a plenary meeting in the Manaus City Hall.

In her thanks, Sr. Maria da Paz quoted the great educator, Paulo Freire, "It is not in silence that people are made, but in words, work and reflection-action." It is what St. John Bosco said, "Education is a matter of the heart."

Best wishes to these Sisters and to all the ASCs who dedicated most of their lives to the service of others, especially in the field of education, following the steps of St. Maria De Mattias.

Sr. Clara de Albuquerque Silva, ASC





September Saunterings

Editor's note: The late Sister Janis Yaekel, a nature and bird lover, used to love viewing hummingbirds at a feeder outside her room in Clementine Hall at the Ruma Center. After she died last year, staff created a hummingbird viewing room from the unoccupied bedroom. Lounge chairs and hummingbird literature replaced the bedroom furniture. Sister Georgia Kampwerth, ASC, takes care that the feeders are kept full. She is assisted by Paula Hall, an enrichment activity staff member.

One glance at the September calendar reveals the September Equinox with vivid clues of letting go of summer and welcoming autumn. Like the old Mississippi, we just keep rollin' on! But it is a good time to take stock of our energies in this beautiful Season of Creation that began September 1 and goes until October 4, Feast of St. Francis of Assisi.

St. Francis reminds us that there are two books to help us know God: Book of Scripture and the Book of Nature. Pope Francis in his encyclical, Laudato Si', reminds us that all creation is the place to encounter God, noting that "Francis of Assisi takes us to the heart of what it is to be human. He communed with all creatures, dubbing them brother/sister, reverencing all with awe and respect."

A recent visit to Ruma's hummingbird viewing room indicated that there is still much life and activity going on in creation and in Ruma. It was the first time I actually stopped and gazed at the activity of the "hummers" and felt as if I was in a cathedral. It was sacred, awesome and engaging. It brought to life Pope Francis' Prayer for our Earth: "O God you are present in the whole universe and the smallest of your creatures."

Yes, these little creatures require our protection and care. Thank you, Sister Georgia Kampwerth and Paula Hall! What a gift you have given to us to take the task of caring for these traces of God in our midst. I sat in amazement, wonder and gratitude as I viewed their presence, beauty, and activity and left the "sanctuary" changed, more at one with self, others and

God. Not sure if they are separate! There is an interconnectivity.

Indeed, if one saunters into the hummingbird viewing room and takes time to just be and behold, one will leave with a deeper appreciation of the simple pleasures nature has to offer and will embrace the sacred in the present moment. Caring for and nurturing creation is life-giving.

I read somewhere that hummingbirds alone have the ability to fly moving their wings in the pattern of infinity symbol or the figure 8. Thus, they are a symbol of eternity, continuity and infinity. Saunter into the room, the air is on, the feeders are clean, and well stocked and the hummingbirds will do the rest. You will walk out more alive and attuned to all, than when you walked into the room. As Gerard M. Hopkins wrote, "The world is charged with the grandeur of God." And I add, may we be more conscious of the intricate web (of life) that connects us all.

Sr. Mary Shaw, ASC



Dayton Strong

Precious Blood Spirituality Committee, September reflection

It has been quite a summer in Dayton, Ohio. It began on May 25 when the Ku Klux Klan held a rally at Courthouse Square in downtown Dayton. Days after Montgomery County issued a permit to a Klanaffiliated group to rally on Dayton's Courthouse Square, a coalition of community groups mounted an effort to counter the planned event. In the end, nine Klan members showed up as did nearly 600 counter protesters who said there is no room for hate in Dayton. I was proud of our city.

Then on Memorial Day, after a lovely day for picnics and outings, the weather turned ugly that night. Fifteen tornadoes devastated parts of the city, especially lower-income areas. Many apartments, houses, and businesses were destroyed. The extent of the devastation was not really known until the next morning. Many trees were down, houses were without roofs and parts of buildings were in the streets and on lawns. A water-pumping station was hit, creating a water and electricity outage for days. The people of Dayton came through again and donated water, food and money. Volunteers pitched pop-up tents near the worst areas to provide water and food for other volunteers working to clean up tornado debris. Again, I was proud of our city.

On August 4, we awakened to the devastating news that nine people had been shot to death in the (downtown entertainment) Oregon District, less than 24 hours after 22 were killed in another mass shooting in El Paso, Texas. The shooter was killed by the Dayton Police, becoming the 10th fatality. Again, the city rallied with a vigil that

night in the Oregon District to pray for the victims and for the city. Streets were packed with people, gathered to mourn and to try to comprehend that this could happen here. Again, I was proud of our city. #Dayton Strong.

As a congregation, we could not remain silent after such a horrible tragedy. Our newly elected Community Council issued a press release in which we said that we "strengthen our resolve to counter and overcome the negative influences in our culture that result in this violence and to demand sensible legislation that works for the good of all people, not for the powerful few. We believe that each person is precious in God's eyes, even those who commit acts of violence. As Daytonians, El Pasoans and so many others have been demonstrating, let's continue to show our care and concern for our neighbors, especially those who are on the fringes. In doing this, together we build a more peaceful and loving society where the power of love, not hate, is triumphant."

It seems that each day brings a new tragedy, a senseless shedding of blood by violence. As people dedicated to the Precious Blood of Jesus, we are called, at this time in our country and in our world, to be witnesses of God's reconciling and redeeming love, maybe in a way we never have before. It is a great challenge for us. May we accept the challenge!

Sr. Ann Clark, CPPS, Dayton



Continenal Area: Asia Region of India

A unique experience at the Ashram

We novices, together with our director, Sr. Marykutty Kanattu, went to Anjali Ashram-Mysuru, on the hill of Chamundi. Here we had a very rich experience. We never imagined that the ten days there would pass so quickly. The 32 participants were open to entering into this time of Atma-Poorna-Anubhava (total self-realization). The program began with a solemn Indian Eucharistic celebration, with all the symbolic gestures of Arathi, of welcoming, purification, and lighting the Indian Lamp (Mansa Pooja). The experience at the Ashram made us see the light of day in a new, interesting way and as a source of inspiration.

The Ashram's way of life is a call to live the Paschal Mystery, where individuals are called to desire God. The experience is a journey of integration of meditation (Dhyana), instruction (Upadhesa) and ministry (Seva), concretely experienced through the practice of **Jnanamarga**, **Bhakti Marga** and Karma Marga (wisdom, devotion and service). Truth, silence and awareness were the key words that helped us to face this challenge and its needs. From day one, we were led very well by our guru, Fr. Louis, to remain in silence and solitude. When we started our journey in the Ashram, we set ourselves the goal of living the experience fully. This openness put us in the right direction. "You have made us for yourself, O Lord, and our hearts are restless until they rest in you." The exemplary life of the Saints created the desire in us to meet the Lord in our hearts (guha). Every day, we had different teachings, readings, poems and scriptures of different religions for our meditation.

Silence and stillness enabled us to become aware of God's presence and gave us insights to deepen our self-knowledge. Teachings on freedom helped us understand that we are children of God, and the talk on consecrated life challenged us to prepare ourselves worthily for mission, and gave us greater clarity about religious life, further illuminating the value of introspection, and making us people who are open-minded about the reality of the world in general.

"There is no meaning in life, except the meaning you give to life, unfolding its infinite energy." This saying enlightened us to appreciate our own abilities and potentialities. On the final day we were instructed that a disciple should be crucial, universal, free, total, unconditional, radical and GEM (Goal-oriented, Empowered and Motivated.)

The midday meditation (Madhyan Sandhya) that we did with our guru under the fig tree, walnut tree, and at the temple of the beatitudes was unique and heart-touching, and helped us to unite with nature, God, and the assembly gathered in prayer. The imagination of sitting next to the temple of the lotus made us meet the Lord in the depths of our hearts.

On the last day we celebrated the penitential service and the concluding ritual. During the prayer service, as we recalled the goodness of God experienced during the ten days of the program, we thanked him for his presence during our different activities and the rich experience of communion and participation.

What we learned:

- "Atmapurna Anubhava" means self-realization. As a human person first, we have to discover our true self and should develop a longing and desire to unite ourselves with the supreme reality-God. We have to discover our self in the great self through awareness. The quality of awareness is the measure of one's spiritual progress; when we are able to become aware of ourselves, we will be like God. The awareness and consciousness of the Lord must be like the flow of a river.
- Our ultimate goal in life is God realization. The person is both human and divine; when one realizes this and cherishes it, she or he can become a beautiful person.
 - Being is more important than doing.
- There is no meaning in life except the meaning we give it, by unfolding the infinite energy in us.
- There is a spark of truth in every religion and we need to respect each religion.
- This Ashram experience truly helped us decide to love silence, to live in the awareness of God, to lead a simple life and to experience the presence of God in nature. We like to practice contemplation, yoga and adopt a sitting posture suitable for concentration. We appreciate the Indian liturgical celebrations.

As we cherish the sweet memories of the Ashram, we are grateful to Sister Marykutty, Sister Mini Vadakumcherry, and the sisters in our novitiate community who supported us through their prayers and sacrifices.

Novices from India Wilma, Sushma, Jennis & Maya

Region of India

Experience at the Don Bosco Renewal Center (DBRC) in Bangalore - INDIA

"You have blessed me to be a blessing"

Month of August was indeed wonderful and my experience altogether was good and was a blessed time. With St. Paul I say I thank my God every time and remembered you and constantly prayed for you with joy during this course at the Don Bosco Renewal Centre.

We were 32 participants belonging to 6 different Congregations. A large number of sisters were from St. Anne's of Bangalore, and another large number of sisters were from the Charity Sisters of Maria Bambina, one sister from the Ursuline Congregation, one priest and one brother were from the Marist fathers, two sisters from Sri Lanka,

one Father from the Salesians and myself.

After 25 years I had this opportunity to participate in a course with an inter-Congregational group. Most of these



participants were the Juibilarians for their 25 years of religious life. It was in fact a renewal course for all of us and for me in particular.

Different topics were interesting and helpful to me as I was there in preparation to take up the new endeavour or ministry of the Novitiate of the Congregation: spiritual direction, psycho-sexual integration, consecrated life and Congregational Charism, core transformation and so on. Other topics were also helpful and were useful for myself, for my renewal, my transformation and refreshed my spirit and soul.

The resources persons were mostly the Salesians well prepared and skilled, competent, with vast knowledge! The input given by them were really enriching, concrete, practical and

helpful for our consecrated life today and also to look into one, bringing forth our positive and negative experiences, the unnoticed feelings and unsolved problems.

It helped us to become more and more positive, confident, appreciative and to develop self-esteem. Times to share in the small groups and in pairs were also very useful to know each other and support and encourage one another.

Remembering this past month I praise and glorify the Lord for all His innumerable blessings. He accompanied me in my inward journey being my light and guide. He enriched me in all the levels

gave me courage as I look forward to taking up the responsibility of the Novitiate of the Congregation.

I take this opportunity to thank Sr. Nadia Coppa, Superior General and the members of

the General Administration for giving me this opportunity. Thank you!

I also express my thanks to Sr.Mini Pallippadan, the Regional Superior and the members of the Regional Administration for helping me to choose the course and for your support, encouragement and your love and care for me. Thanks!

Thanks to all the ASCs for your constant prayer and support for this new initiative of the Congregational Novitiate which is going to begin shortly.

With gratitude and joy,

Sr. Mariamma Kunnackal, ASC

Continenal Area: Europe Region of Wrocław

20 years of ASC Presence in Belarus



On August 26, 1999, two Adorers from Poland, Sr. Ewa Piwońska and Sr. Małgorzata Augustyn, crossed the border to begin the work in Dokszyce, Belarus. They arrived thanks to the invitation of Father Jan F. of the order of Friars Minor Capuchins and they lived in a small room of the Capuchin Fathers that had just been built near the church. The ASCs undertook various apostolic ministries: catechesis, prayer days for children and youth, preparation of adults for the sacraments, and work in the sacristy.

In 2001, they began to build a house that would serve not only as an apartment for the Sisters, but also as a center of various apostolic and educational activities.

On September 14, 2003, the house was officially opened by Bishop Władysław Blin – Ordinary of the diocese of Vitebsk. Since that time, our house has hosted various meetings, conferences and prayer days for children and youth. Shortly afterwards, the after-school program was also began.

Currently three Sisters are working in Dokszyce: one Polish Sister, Małgorzata Augustyn, and two from Belarus: Sr. Hanna Dziatlik and Sr. Nadzieja Raczyckaja.

On August 25, we gave thanks for the 20 years of ASC presence in Belarus. The most important moment was the solemn Eucharist, with Bishop Alieg Butkiewicz, Ordinary of the diocese of Vitebsk, presiding. During his homily, he emphasized the value of prayer to the Blood of Christ, which has the great power to transform, purify and save.

It was a great joy for us on the occasion of this celebration to have the presence of Sr. Bridget Pulickakunnel, ASC, General Councilor, Sr. Ewa Kleps, ASC, provincial superior, and Sr. Bożena Matomisz, ASC, provincial secretary.

The General Councilor of the Capuchin Fathers from Rome, the Guardian of the Belarus Guardian and the Fathers of nearby communities in Belarus also participated in the celebration of the Mass.

The Holy Mass was enriched with the singing of the choir of children and adults. Before the

blessing, Sr. Bridget thanked the parishioners and the Capuchins for their collaboration and support. In her speech, her great care for new vocations was felt, especially when she said that there are people whom God is calling for a special service present among the group. She invited them to pray for new vocations and urged the families not to be afraid to offer their daughters to God.

The General Councilor of the Capuchin Fathers, who was the provincial superior when we began our ministry and collaboration, also expressed words of gratitude. He thanked the Sisters for their work carried out with sacrifice. He recalled that the Sisters arrived in Dokszyce with joy and did not look for comfort, but wanted to serve God and their neighbor.

After the Eucharist, a theatrical program on St. Maria De Mattias was offered. The production illustrated her short vocation story, her activities and the miracles she worked during her life. She was presented as a prophetess of her time, the Woman of the Word. This show was enhanced by dance performed by the youth and children of the parish.

The cordial and sincere words of gratitude and flowers from the parishioners and young people were a pleasant surprise for us, together with the presentation about our ministry in Belarus and a big and tasty cake.

This day was filled with joy and gratitude for all the gifts and graces that God has given us in these 20 years.

Through the presence of Sr. Bridget, who came from Rome, and the Sisters coming from Poland, we felt in communion with all our Congregation.

We also want to thank Sr. Nadia Coppa, ASC, General Superior, for her remembrance and prayer as well as for the beautiful icon of the Mother of God that she offered to our community for this occasion.

Sr. Nadzieja Raczyckaja, ASC Sr. Hanna Dziatlik, ASC



"The Amazon: New Paths for the Church and for Integral Ecology" October 6-27, 2019

Human beings are part of the ecosystems that facilitate the relationships that give life to our planet; therefore the care of these ecosystems is essential. And it is fundamental both for promoting the dignity of the human person and the common good of society and for environmental care. A true ecological approach always becomes a social approach; it must integrate questions of justice in debates on the environment, so as to hear both the cry of the earth and the cry of the poor. This is what Pope Francis calls integral ecology.

Amazonia encompasses a region of 7.8 million square kilometers. It includes territory that belongs to nine different nations: Brazil, Bolivia, Peru, Ecuador, Colombia, Venezuela, Guyana, Suriname and French Guyana. Its rainforest (5.3 million square kilometers) is the largest in the world and is an irreplaceable source of fresh water, oxygen and biodiversity for the planet.

The Amazon is a healthy territory in its long and

PRAYER IN PREPARATION FOR THE AMAZON SYNOD

Lord, help your Church to listen to the people of the Amazon, and to respond with them to the devastation facing both people and environment. The Amazon in all its biodiversity and cultural richness is "a mirror of all humanity".* To defend it, we must all make changes – within ourselves, our nations, and within the Church.

As we travel the journey Laudato Sí sets out before us, may we be more aware of the ecological and cultural crisis of the Amazon Basin, and learn how to be better carers and stewards of creation. May we courageously stand against injustices, including: loss of territory, exploitation, threats to biodiversity and the imposition of cultural and economic models which are alien to the lives of indigenous peoples everywhere.

> Teach us how to listen deeply, to act justly, to love tenderly and to walk humbly on this earth. Amen

fruitful history. However, with people's mobility, with the uncontrolled invasion of polluting industries given the conditions of climate change and before a total indifference of the public health authorities, new diseases have appeared. The model of development focused exclusively on the economic exploitation of the forest, mining and hydrocarbon wealth of the Pan-Amazon affects the health of the Amazon biomes, their communities, and the entire planet.

The voices of the Amazon call upon the Synod of Bishops to give a new response to different situations and to seek new paths that make a Kairos possible for the Church and the world. We Adorers of the Blood of Christ feel the responsibility to support the people of Amazon and the synod through our prayers. I am attaching the prayer for this purpose. Each community may find time to pray for this particular intention.



Beyond Recycling ... How to Protect the Environment



The Precious Blood Institute of Bari, European Bilingual School, for the whole school year 2018/2019 has accompanied the pupils of the Kindergarten, Primary School and Secondary School of 1st grade to reflect, study and deepen the current and urgent theme of ECOSUSTAINABILITY. Many initiatives and interventions by teachers and experts have helped our students to be closer to the earth, considering it is not as a stepmother but "as a sister, with whom we share our existence, and as a beautiful mother who welcomes us into her arms" (LS 1).

It is necessary to dig into the depths of nature to regain possession of the enchantment of the mystery and recover respect for creation, where we are only creatures of God.

It was interesting to talk to the children about biodiversity, the prudent use of water, respect for the environment, the importance of choosing food products at km 0, territoriality, the ecosystem ...

Particular space was offered to the Laudato Sì of Pope Francis who, thanks to the intervention of Monsignor Giancarlo Bregantini, asked parents and children.

Among the "goals" we have given direct educational activity, through a strong involvement in the school world, deepening of environmental issues, stimulating the sensitivity of children and young people to make them protagonists of experiences in direct contact with nature. Planting trees was an opening up to the future as collaborators and builders of the common house.

A special look has been offered at health, personal well-being and the well-being of humanity to eliminate poverty and hunger in the world. Life deserves our attention from conception to natural death and it is important to educate the new generations to be of help to the nascent life and to keep a piece of "garden" even for those who will come after us.

Greta Thunberg's testimony activated us on the day of "Fridays For Future," the great mobilization of protest on climate change, to create posters and billboards on our idea of good for our planet. "The climate crisis is the biggest crisis mankind has ever faced, and if we do nothing now, we are ruined. "I thought," says Greta "that when I grow up I will want to rethink the past and say: I did what I could at the time and I have a moral obligation to do everything possible."

The First Grade Secondary School of the Precious Blood Institute of Bari concluded its course last June 12 with a final event at the theater of the Institute. The event was a beautiful and lively opportunity to retrace with students, parents and friends the significant stages that during the year our students have experienced becoming important and special guardians of creation. In fact, considering that in 2020 plastic will be banned worldwide, all IPS students have started, helped by teachers, to eliminate plastic water bottles, making extensive use of water bottles; meetings with food specialists have made them increasingly responsible for a healthy and sustainable diet.

Interesting and involving was the intervention of Sr Rani Padayattil, ASC and member of CIS. Her competence in the themes of justice, peace and safeguarding of creation has strongly spurred all those present. It was nice to share how many Adorers of the Blood of Christ are fighting for the preservation of our "Common House". "Praised yes, my Lord, for our sister Mother Earth, who sustains and governs us and produces different fruits with colorful flowers and herbs" is the invocation of St. Francis of Assisi in the Canticle of Creatures and the emphasis on praise is a confirmation of the global approach that each of us must keep towards Mother Earth. "We ourselves "are earth" (cf. Gen 2:7) and "our own body is made up of the elements of the planet, its air is that which gives us breath and its water enlivens and restores us" (LS 2).

Sr. Francesca Palamà, ASC





Birthdays: Let's Celebrate Life

Sr. Fátima Euriza	VT Mário Gomes	10/24/1989	Spain

40

<u>30</u>

Sr. Ljubica Radovac 10/21/1979 Zagreb

70

Sr. Vicki Bergkamp 10/20/1949 USA

<u>80</u>

Sr. Patrizia Tagarelli10/05/1939 ItalySr. Bianca Lorusso10/23/1939 ItalySr. Rosa Tolve10/24/1939 ItalySr. Eileen Dehner10/26/1939 USA

<u>100</u>

Sr. Maria Novelli 10/15/1919 Italy



09/05/2019 Sr. Thomasine Stoecklein USA

09/22/2019 Sr. Teresa Perinelli Italy

09/27/2019 Sr. Benigna Schurtenberger Schaan



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